

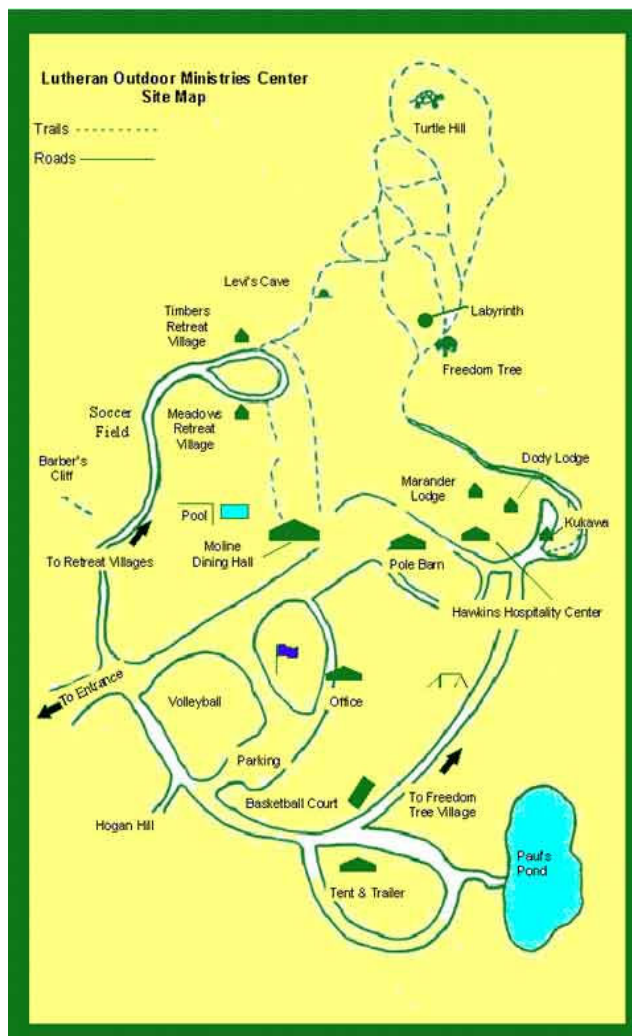
Where God meets us...

*God is everywhere, but is God everywhere **for us**? Where can we find God's love and forgiveness in a way we can grasp and cling to?*

Lutheran Christians say, "Through the special 'Means of Grace' God has provided: the Word and the Sacraments. On this Lenten retreat, we'll practice devotional methods of reading the Scriptures, like lectio divina, for listening to God's Word for us. And we'll dwell on how God uses ordinary things like water, bread, wine, and human friendship to speak God's own love and promises into our lives.



Lutheran Outdoor Ministry Center (LOMC) is located near Oregon, Illinois, just 75 miles west of Wheaton.



With its camp and retreat facilities, trained staff, and 640 acres of hills, prairies, pond, and forests, visitors find LOMC a beautiful place to learn and grow with others in their faith.

BASIC Lent Retreat

Receiving God's Grace through Word and Sacrament



March 16-17, 2012

Lutheran Outdoor Ministry Center

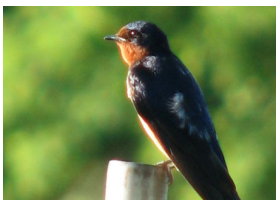
Oregon, Illinois



BASIC (Brothers And Sisters In Christ) is St. Paul Church's catechumenate process for seekers and growing Christians.

The Spiritual Retreat: A Sabbath experience

What will you accomplish on the BASIC Lent retreat? Virtually nothing! Going on retreat is a time-honored Christian practice for resting our spirits and opening ourselves up to God, to whom all time belongs. A spiritual retreat balances



time alone and time together, silence and conversation, contemplation and action, training us to recognize

God's presence and power in the midst of everyday life.

Retreat Schedule

Friday night

6pm - Depart from St. Paul

8pm - Introductions and "setting the table"

Evening fellowship with refreshments and/or alone time

Saturday

8am - Meditative walk, morning prayer

9am - Breakfast

Receiving God's grace through Word

Time alone for silent meditation

Receiving God's grace through Sacrament

Time alone for silent meditation

1pm - Lunch

1:45 - Free time (journal, read, play games, sports, nap...your choice!)

4pm - Small group time and exercises

6pm - Supper

7pm - Closing Worship with Lord's Supper

8pm - Depart for home

(arrive home approx. 9:30pm)



About LOMC

A year-round camping and retreat facility, Lutheran Outdoor Ministry Center is committed to being the Church in outdoor settings, nurturing Christian faith and providing experiences connecting the Word of God with the World of God.

Our retreat will take place at the Freedom Tree Village adult and family retreat center, which features two lodges and the Hawkins Hospitality Center where meals are served.



Both the Dody and Marander Lodges have community lounge spaces that include a stone fireplace.

Registration Information

Your response by 12/31 is appreciated.

Name(s) _____

E-mail _____

Phone _____

Any diet-related concerns (allergies, vegetarian, etc.?)

Emergency Contact _____

About our accommodations

Our lodges each have six rooms and can accommodate up to three adults comfortably in each room. Each room has its own bathroom and complete linen service. Men will get one cabin and women the other.

Please turn this form in along with your payment of \$60 (checks to St. Paul).

This covers one night stay and three meals on Saturday. Please bring a snack or beverage to share for Friday evening.

Note: St. Paul is covering half the cost to support your spiritual journey! Additional assistance available as needed.

Questions about the BASIC Lent retreat?

Contact Pastor Mark Williamson

St. Paul Evangelical Lutheran Church
Phone: 630 668-5953

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